

DATES

(CIRCLE THE DATES YOU WILL BE ATTENDING)

Monday	Dec. 21	Monday	Dec. 28
Tuesday	Dec. 22	Tuesday	Dec. 29
Wednesday	Dec. 23	Wednesday	Dec. 30
Thursday	Dec. 24*	Thursday	Dec. 31
Saturday	Dec. 26*	Saturday	Jan. 2
Sunday	Dec. 27	Sunday	Jan. 3

*Morning session only at Gulph Millis. Full session at Narberth.

COSTS

Full-Day Program

\$115 per day—including lunch

Special Rate:

3 or more days—\$105 per day

Morning Program

\$75 per day

Special Rate:

3 or more days—\$67 per day

Afternoon Program

\$45 per day

Special Rate:

3 or more days—\$40 per day

QuickStart

\$25 per day—including snack

Special Rate:

3 or more days—\$22 per day

610 S. Henderson Rd. • King of Prussia, PA 19406



THE JULIAN KRINSKY
SCHOOL OF TENNIS

AT THE
GULPH MILLS & NARBERTH
TENNIS CLUBS

presents the
*2009 Holiday
Tennis Camp*



BOYS & GIRLS AGES 4-16

REGISTRATION FORM

All Students:

On the back of this form, please circle the dates you will be attending the Holiday Tennis Camp.

Student's name _____ Age _____

Parent's Name(s) _____

Program: Gulph Mills: Full Day Morning Afternoon QuickStart
 Narberth: Full Day Morning Afternoon QuickStart

Address _____

City _____ State _____ Zip _____

Phone (home) _____ (work) _____ e-mail: _____

Questions? Please phone Michelle at Gulph Mills Tennis Club 610-265-3677 or Mayor at Narberth Tennis Club 610-664-2696

Mail to 610 S. Henderson Rd., King of Prussia, PA 19406, Fax to 610-265-3678, or E-mail michellesavage@jkcp.com

QUICKSTART PROGRAM

AGES 4-7



Our goal is to:

- Introduce basic tennis fundamentals
- Improve movement, coordination and space awareness
- Utilize specialized smaller rackets, oversized soft tennis balls, shorter court dimensions and modified scoring

DAILY SCHEDULE

12:30-1:30 p.m.

- 12:30-12:50 Warm-up games
- 12:50-1:10 Intro to strokes
- 1:10-1:30 Team games

DAILY PROGRAM

AGES 8-16



During the program we will:

- Focus on footwork
- Practice the execution of strokes
- Prepare for tournaments
- Incorporate techniques and tactics into drills
- Have singles and doubles match play

DAILY SCHEDULE

9:30 a.m.-3:00 p.m.

- 9:30 Instruction and drills
- 11:30 Supervised point play, strategy, and competition
- 12:30 Lunch break and morning students pick-up
- 1:30 Afternoon students drop-off
- 1:30-3:00 Drills & match play
- 3:00 Full-day and afternoon students pick-up

SPACE IS LIMITED—ADVANCE REGISTRATION IS RECOMMENDED

Visit Us Online at: www.gulphmillstennis.com or www.narberthtennis.com